

# June 2021



Picture: Holsteins going to pasture after milking



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>Dairy</h1>	<p><b>1</b></p> <p>A female that has had at least one calf is called a?</p> <p>A. Heifer B. Cow C. Bull</p>	<p><b>2</b></p> <p><b>Heifer</b>- female that has not had a calf <b>Cow</b>- female that has had a calf</p>	<p><b>3</b></p> <p><b>Steer</b>- male that are neutered and cannot breed <b>Bull</b>- male used for breeding</p>	<p><b>4</b></p> <p><b>Breed</b>- a group of animals or plants in 1 species that are similar and can reproduce.</p>	<p><b>5</b></p>		
	<p><b>6</b></p> <p>Dairy Breeds: Holstein, Jersey, Guernsey, Brown Swiss, Ayrshire and Milking Shorthorn.</p>	<p><b>7</b></p> <p>The first cow in America arrived in the Jamestown Colony in 1611.</p>	<p><b>8</b></p> <p>Dairy cattle wear numbered <b>ear tags</b> - earrings that tell who is who!</p>	<p><b>9</b></p> <p>Every day a cow spends about 6 hours eating and 8 hours chewing its <b> cud</b>.</p>	<p><b>10</b></p> <p><b>True or False?</b> A cow has 32 teeth, all of them on the bottom with a dental pad on top.</p>	<p><b>11</b></p> <p>Cows drink about 35 gallons of water a day - the same amount as a bathtub full of water.</p>	<p><b>12</b></p> <p>Before <b>milking machines</b> were invented in 1894, farmers could only milk about 6 cows per hour.</p>
	<p><b>13</b></p> <p>It takes less than 5 minutes to milk a cow using a milking machine.</p>	<p><b>14</b></p> <p>A cow's stomach has <b>_ chambers</b>.</p> <p>A. 2 B. 3 C. 4 D. 5</p>	<p><b>15</b></p> <p>Cows are milked 2 or 3 times per day.</p>	<p><b>16</b></p>	<p><b>17</b></p> <p>A dairy cow makes more than 7 gallons of milk each day. That's 400 glasses of milk!</p>	<p><b>18</b></p> <p>The first regular shipment of milk by railroad was between Orange County, N.Y. and NYC in 1841.</p>	<p><b>19</b></p> <p>Milk was made New York's official state beverage in 1981.</p>
	<p><b>20</b></p> <p><b>True or False?</b> Low-fat chocolate milk can help refuel your body.</p>	<p><b>21</b></p> <p>It takes about 10 pounds (5 quarts) of milk to make 1 pound of cheese.</p>	<p><b>22</b></p> <p>Cheddar is the 2nd most popular cheese in the U.S. after mozzarella.</p>	<p><b>23</b></p> <p>It takes 12 pounds of whole milk to make 1 gallon of ice cream.</p>	<p><b>24</b></p> <p>In general ice cream is an excellent source of energy since it is rich in carbohydrates.</p>	<p><b>25</b></p> <p>America's first ice cream parlor opened its doors in 1776 in New York.</p>	<p><b>26</b></p> <p>Each scoop of ice cream is a rich source of vitamins A, B, C, D and E!</p>
	<p><b>27</b></p> <p>Yogurt is made by <b>bacterial fermentation</b> of milk.</p>	<p><b>28</b></p>	<p><b>29</b></p> <p>Yogurt has many important nutrients which help maintain strong bones and healthy bodies.</p>	<p><b>30</b></p> <p><b>Milk is made up of mostly _.</b></p> <p>A. Water B. Fat C. Lactose D. Protein</p>	<p><b>Answers</b></p> <p><b>1 - B, 2 - A, 3 - C, 4 - A, 5 - C, 6 - A, 7 - B, 8 - C, 9 - A, 10 - True, 11 - True, 12 - True, 13 - True, 14 - D, 15 - C, 16 - True, 17 - True, 18 - True, 19 - True, 20 - True, 21 - True, 22 - True, 23 - True, 24 - True, 25 - True, 26 - True, 27 - True, 28 - True, 29 - True, 30 - A</b></p> <p><b>Brown Swiss</b></p>	<p>ADA North East wants to make it easy for everyone to take a dairy farm tour - without leaving your home or classroom! Visit the <b>link below</b> to learn more.</p>	